

MGM Dental College and Hospital, Navi Mumbai



ORAL HYGIENE DAY



Improving lives, one smile at a time!

Introduction

The Oral hygiene day was introduced to commemorate the birth anniversary of the doyen of Indian Periodontics and founder of the Indian Society of Periodontology (ISP), Dr G B Shankwalkar. The NSS volunteers of MGM Dental College, under the guidance of their beloved Dean and staff members in collaboration with Dept. of Periodontics, celebrated this day by distributing oral hygiene kits provided by Colgate, with the objective to spread the message of Oral health and its importance and to curb the worrisome trend of neglect which has been one of the main causes for oral diseases.



Summary of the Event

Every year this day is celebrated by organizing various camps, creating oral health awareness in rural areas, distributing oral hygiene kits, containing Colgate Dental cream toothpaste and Colgate Zig Zag toothbrush, to the underprivileged population. This time, the students reached out to rickshaw stands near the college campus, food stalls, OPD patients in the campus, maintenance workers and provided counselling with regards to brushing techniques, use of tongue cleaner, mouth rinse, and effects of tobacco on oral health. The students have a zeal to motivate patients regarding regular dental check-ups and treatment. The subjects were even informed about free scaling and polishing programmes available.

Final Thoughts

Let's keep spreading awareness about Oral Hygiene and lead everyone to a healthy Oral Cavity. This will not only improve the Oral Hygiene Index but also help people spread sparkling smiles.

Highlights

